Nourishing bodies, minds and cultures.

CKC Good Food

This institution is an equal opportunity provider

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# NOVEMBER 2026

TASTY | HEALTHY | FUN | VARIETY | BALANCED

Name of the menu : Hope Community Academy 9-12 Grades Lunch Menu
Grade : 9-12

Options : Hot,Cold Meals & Deli Salads
Meal Pattern : NSLP

| | | Monday, 11/2/2026 | Tuesday, 11/3/2026 | Wednesday, 11/4/2026 | Thursday, 11/5/2026 | Friday, 11/6/2026 |
|---|---|---|---|---|---|---|
| Week I | HOT MEAL | **Nashville Hot Chicken Tender Wrap**<br>WG Tortilla, Chicken Tenders, Ranch & Shred Cheese<br>Assorted Salad Bar<br>Mixed Fruit Cup<br>Fruit Juice & Choice Milk | **All Beef Hot Dog**<br>WG Hot Dog Bun, Ketchup & Mustard<br>Potato Smiles w/ Ketchup<br>Assorted Salad Bar<br>Crisp Apple, Juice Box & Choice Milk | **Kapoon**<br>Serve Warm Rice Noodles on Red Currry Chicken & top with Cilantro<br>Assorted Salad Bar<br>WG Dinner Rolls<br>Banana, Juice Box & Choice Milk | **Hmong Sausage (Pork)**<br>Warm Seasoned Rice<br>Assorted Salad Bar<br>Fruit Cup Slushy<br>Fruit Juice & Choice Milk | **Fresh Baked Pizza Slice**<br>Assorted Salad Bar<br>Fresh Orange<br>Choice Milk<br>Fruit Juice |
| | COLD | Pesto Chicken & Provolone Cheese Sandwich | Peanut Free Butter Sandwich | Chicken Salad Bun | Deli Turkey & Cheese on WW Bread w/ Mayo | Chicken Club Hoagie |
| | | Monday, 11/9/2026 | Tuesday, 11/10/2026 | Wednesday, 11/11/2026 | Thursday, 11/12/2026 | Friday, 11/13/2026 |
| Week II | HOT MEAL | **Asian Chicken Dumplings**<br>Seasoned Teriyaki Dip<br>Sesame Green Beans<br>Assorted Salad Bar<br>Mixed Fruit Cup, Fruit Juice & Choice Milk | **Mandarin Orange Chicken Noodle Bowl**<br>Mongolian Noodles served with Mandarin Orange Chicken<br>Assorted Salad Bar<br>Crisp Apple & Juice Box<br>Choice Milk | **Beef Pho**<br>Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings<br>Assorted Salad Bar<br>Banana & Juice Box<br>WG Rolls & Choice Milk | **Tikka Drumstick**<br>Mashed Potatoes<br>Assorted Salad Bar<br>WG Roll, Fruit Cup Slushy, Fruit Juice & Choice Milk<br>**Woohoo! Special Treat Day! Chocolate Chip Cookie** | **Fresh Baked Pizza Slice**<br>Assorted Salad Bar<br>Fresh Orange<br>Choice Milk<br>Fruit Juice |
| | COLD | Pesto Chicken & Provolone Cheese Sandwich | Peanut Free Butter Sandwich | Chicken Salad Bun | Deli Turkey & Cheese on WW Bread w/ Mayo | Chicken Club Hoagie |
| | | Monday, 11/16/2026 | Tuesday, 11/17/2026 | Wednesday, 11/18/2026 | Thursday, 11/19/2026 | Friday, 11/20/2026 |
| Week III | HOT MEAL | **Spicy Chicken Patty Sandwich**<br>WG Bun & Ketchup<br>Assorted Salad Bar<br>Mixed Fruit Cup<br>Fruit Juice, Choice Milk | **Meatball Manchurian**<br>Brothless Ramen & Saucy Manchurian Meatballs, Serve with Crisp Broccoli, Shred Carrots & Cabbage (From Salad Bar)<br>Assorted Salad Bar<br>Crisp Apple, Juice Box & Choice Milk | **Kapoon**<br>Serve Warm Rice Noodles on Red Currry Chicken & top with Cilantro<br>Assorted Salad Bar<br>WG Dinner Rolls<br>Banana, Juice Box & Choice Milk | **Premium Corn Dog**<br>WG Chicken Corn Dog served with Ketchup<br>Potato Smiles<br>Assorted Salad Bar<br>Fruit Cup Slushy, Fruit Juice & Choice Milk | **Fresh Baked Pizza Slice**<br>Assorted Salad Bar<br>Fresh Orange<br>Fruit Juice & Choice Milk<br>**Woohoo! Special Chips Day! Baked Cheetos** |
| | COLD | Pesto Chicken & Provolone Cheese Sandwich | Peanut Free Butter Sandwich | Chicken Salad Bun | Deli Turkey & Cheese on WW Bread w/ Mayo | Chicken Club Hoagie |
| | | Monday, 11/23/2026 | Tuesday, 11/24/2026 | Wednesday, 11/25/2026 | Thursday, 11/26/2026 | Friday, 11/27/2026 |
| Week IV | HOT MEAL | **General Tso Chicken**<br>Veggie Fried Rice<br>Fortune Cookie<br>Assorted Salad Bar & Mixed Fruit Cup<br>Fruit Juice & Choice Milk | **Cheeseburger**<br>WG Bun, Cheese Slice, Chipotle Mayo & Ketchup<br>Potato Smiles<br>Assorted Salad Bar, Crisp Apple, Juice Box & Choice Milk<br>**Hooray! Special Chips Day! Confetti Cookie** | **Beef Pho**<br>Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings<br>Assorted Salad Bar<br>Banana & Juice Box<br>WG Rolls & Choice Milk | **Pulled Chicken Taco**<br>Seasoned Pulled Chicken Taco served with WG Tortilla, Mexican Rice, Shred Cheddar Cheese & Crema<br>Assorted Salad Bar<br>Fruit Cup Slushy, Fruit Juice & Choice Milk | **Fresh Baked Pizza Slice**<br>Assorted Salad Bar<br>Fresh Orange<br>Choice Milk<br>Fruit Juice |
| | COLD | Pesto Chicken & Provolone Cheese Sandwich | Peanut Free Butter Sandwich | Chicken Salad Bun | Deli Turkey & Cheese on WW Bread w/ Mayo | Chicken Club Hoagie |
| | | Monday, 11/30/2026 | | | | |
| Week V | HOT MEAL | **Chipotle Chicken Drumstick**<br>Seasoned Rice<br>Assorted Salad Bar<br>Mixed Fruit Cup, Fruit Juice & Choice Milk<br>**Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie** | | | | |
| | COLD | Pesto Chicken & Provolone Cheese Sandwich | | | | |

**Cold Vegetarian meals are served with vegetables, fruit of the day & milk.**

| DELI SALADS | | | | | |
|---|---|---|---|---|---|
| | Grilled Chicken Caesar Salad | Grilled Asian Chicken Salad | Grilled Chicken SW Taco Salad | Classic Turkey & Egg Chef Salad | Quinoa Powerbowl Chicken Salad |
| | (Veg Option) Caesar Salad w/ Egg | (Veg Option) Asian Salad w/ Egg | (Veg Option) SW Taco Salad w/ Egg | (Veg Option) Classic Chef Salad w/ Egg | (Veg Option) Quinoa Powerbowl Salad w/ Egg |

**Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)**

Assorted Fluid Milk / Fluid Milk Substitute Choices offered. This menu is pork-free.
This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

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Menu is subject to infrequent changes

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## WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

# DECEMBER 2026

| | | TASTY | HEALTHY | FUN | VARIETY | BALANCED |
|---|---|---|---|---|---|---|
| Week V | | | Tuesday, 12/1/2026 | Wednesday, 12/2/2026 | Thursday, 12/3/2026 | Friday, 12/4/2026 |
| | HOT MEAL | | **Asian Chicken Dumplings**<br>Seasoned Teriyaki Dip<br>Sesame Green Beans<br>Assorted Salad Bar<br>Crisp Apple, Juice Box & Choice Milk | **Kapoon**<br>Serve Warm Rice Noodles on Red Currry Chicken & top with Cilantro<br>Assorted Salad Bar<br>WG Dinner Rolls<br>Banana, Juice Box & Choice Milk | **Hmong Sausage**<br>Warm Seasoned Rice<br>Assorted Salad Bar<br>Fruit Cup Slushy<br>Fruit Juice & Choice Milk | **Fresh Baked Pizza Slice**<br>Assorted Salad Bar<br>Fresh Orange<br>Choice Milk<br>Fruit Juice |
| | COLD | | Peanut Free Butter Sandwich | Chicken Salad Bun | Deli Turkey & Cheese on WW Bread w/ Mayo | Chicken Club Hoagie |
| Week VI | | Monday, 12/7/2026 | Tuesday, 12/8/2026 | Wednesday, 12/9/2026 | Thursday, 12/10/2026 | Friday, 12/11/2026 |
| | HOT MEAL | **Premium Chicken Nuggets**<br>Mix or Match Sauce<br>Ranch & Buffalo Sauce<br>Potato Wedges w/ Ketchup<br>Assorted Salad Bar<br>WG Roll, Mixed Fruit Cup, Fruit Juice & Choice Milk | **Taco Roll-up**<br>Beef Taco meat roll-up w/ Hot Sauce & Crema<br>Assorted Salad Bar<br>Crisp Apple, Juice Box & Choice Milk<br>**Yahoo! Special Chips Day!**<br>**Cool Ranch Doritos** | **Beef Pho**<br>Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings<br>Assorted Salad Bar<br>Banana & Juice Box<br>WG Rolls & Choice Milk | **Sichuan Chicken**<br>Veggie Fried Rice<br>Assorted Salad Bar<br>Fruit Cup Slushy<br>Fruit Juice & Choice Milk | **Fresh Baked Pizza Slice**<br>Assorted Salad Bar<br>Fresh Orange<br>Choice Milk<br>Fruit Juice |
| | COLD | Pesto Chicken & Provolone Cheese Sandwich | Peanut Free Butter Sandwich | Chicken Salad Bun | Deli Turkey & Cheese on WW Bread w/ Mayo | Chicken Club Hoagie |

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