Nourishing bodies, minds and cultures.

CKC Good Food

This institution is an equal opportunity provider

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NOVEMBER 2026

TASTY | HEALTHY | FUN | VARIETY | BALANCED

Name of the menu : Hope Community Academy Pre K Lunch Menu
Options : Hot & Cold Meals
Grade : Childcare (Ages 3-5)
Meal Pattern : Preschool

		Monday, 11/2/2026	Tuesday, 11/3/2026	Wednesday, 11/4/2026	Thursday, 11/5/2026	Friday, 11/6/2026
Week I	HOT MEAL	**Crispy Chicken Tenders** Ketchup Steamed Peas Fresh Orange Wedges Choice Milk	**Spaghetti w/ Meatballs** Marinara Meatballs served with Buttered WG Spaghetti Garden Salad w/ Dressing Crisp Apple Wedges Choice Milk	**Chicken Tikka** Seasoned Rice Sliced Cucumbers Banana Choice Milk	**Beef Bulgogi Bowl** Steamed Rice Roasted Broccoli & Cauliflower Medley Fruit Cup Slushy Choice Milk	**Fresh Baked Pizza Slice** Mixed Greens Salad Chilled Pears Choice Milk
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
		Monday, 11/9/2026	Tuesday, 11/10/2026	Wednesday, 11/11/2026	Thursday, 11/12/2026	Friday, 11/13/2026
Week II	HOT MEAL	**Asian Chicken Dumplings** Teriyaki Sauce Sesame Green Beans Fresh Orange Wedges Choice Milk	**Orange Chicken Rice Bowl** Orange Chicken served with Rice Steamed Broccoli Crisp Apple Wedges Choice Milk	**Soft Shell Beef Taco** WG Tortilla, Seasoned Beef, Shred Cheese Cheesy Refried Beans Banana Choice Milk	**Chicken & Egg Fried Rice** Sliced Cucumbers Fruit Cup Slushy Choice Milk	**Fresh Baked Pizza Slice** Mixed Greens Salad & Dressing Chilled Pears Choice Milk
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
		Monday, 11/16/2026	Tuesday, 11/17/2026	Wednesday, 11/18/2026	Thursday, 11/19/2026	Friday, 11/20/2026
Week III	HOT MEAL	**Premium Chicken Patty Sandwich** WG Bun & Ketchup Baked Beans Fresh Orange Wedges Choice Milk	**Meatball Manchurian** Steamed Rice Steamed Green Beans Crisp Apple Wedges Choice Milk	**French Toast Sticks w/ Syrup** Tater Tots w/ Ketchup Banana Choice Milk	**Beef Taco Triangles** Cheesy Refried Beans Fruit Cup Slushy Choice Milk	**Fresh Baked Pizza Slice** Steamed Peas Chilled Pears Choice Milk
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
		Monday, 11/23/2026	Tuesday, 11/24/2026	Wednesday, 11/25/2026	Thursday, 11/26/2026	Friday, 11/27/2026
Week IV	HOT MEAL	**Mandarin Orange Chicken** Steamed Rice Steamed Broccoli Fresh Orange Wedges Choice Milk	**Cheeseburger** WG Bun, Cheese Slice & Ketchup Potato Smiles Crisp Apple Wedges Choice Milk	**Creamy Mac & Cheese** Steamed Mixed veggies Banana Choice Milk	**Pulled Chicken Taco** Pulled Chicken Taco filling served with WG Tortilla & Shred Cheddar Cheese Seasoned Black Beans Fruit Cup Slushy & Choice Milk	**Fresh Baked Pizza Slice** Sliced Cucumbers Chilled Pears Choice Milk
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
		Monday, 11/30/2026				
Week V	HOT MEAL	**Crispy Chicken Tenders** Ketchup Mashed Potatoes Fresh Orange Wedges Choice Milk				
	COLD	Pesto Chicken & Provolone Cheese Sandwich				

Cold meals are served with vegetables, fruit of the day & milk.

Assorted Unflavored Fluid Milk Choices offered. This menu is pork-free.
This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

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WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

DECEMBER 2026

		TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week V			Tuesday, 12/1/2026	Wednesday, 12/2/2026	Thursday, 12/3/2026	Friday, 12/4/2026
	HOT MEAL		**Asian Chicken Dumplings** Momo Sauce Sesame Green Beans Crisp Apple Wedges Choice Milk	**Marinara Meatballs** Garlic Toast Garden Greens Banana Choice Milk	**Pizza Crunchers** Steamed Peas Fruit Cup Slushy Choice Milk	**Fresh Baked Pizza Slice** Potato Smiles Chilled Pears Choice Milk
	COLD		Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week VI		Monday, 12/7/2026	Tuesday, 12/8/2026	Wednesday, 12/9/2026	Thursday, 12/10/2026	Friday, 12/11/2026
	HOT MEAL	**Premium Chicken Nuggets** Ketchup Creamy Cheesy Hashbrowns Fresh Orange Wedges Choice Milk	**Two Cheese Croissant Sandwich** Sliced Cucumbers Crisp Apple Wedges Choice Milk	**Cheeseburger** WG Bun, Cheese Slice & Ketchup Baked Beans Banana Choice Milk	**Sweet & Sour Chicken** Veggie Fried Rice Crisp Broccoli w/ Dip Fruit Cup Slushy Choice Milk	**Fresh Baked Pizza Slice** Garden Salad & Dressing Chilled Pears Choice Milk
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie

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