Nourishing bodies, minds and cultures.

CKC Good Food

This institution is an equal opportunity provider

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NOVEMBER 2026

TASTY | HEALTHY | FUN | VARIETY | BALANCED

Name of the menu : Hope Community Academy PreK Breakfast Menu

Meal Pattern : CACFP

Grade : Childcare Ages 3 - 5 Years

Meal : Breakfast

	Monday, 11/2/2026	Tuesday, 11/3/2026	Wednesday, 11/4/2026	Thursday, 11/5/2026	Friday, 11/6/2026
Week I BREAKFAST	**All Beef Red Sauce Breakfast Pizza** Unsweetened Applesauce Cup Choice Milk	**Maple Pancake, Egg & Cheese Sandwich** Banana Choice Milk	**Assorted Granola Pack & Yogurt Cup** 100% 4.23 oz Fruit Juice Choice Milk	**Chicken & Cheese Croissant Sandwich** Unsweetened Applesauce Cup Choice Milk	**Assorted Cereal Bowl** (No more than 6 grams of sugar) 100% 4.23 oz Fruit Juice Choice Milk
	Chef's Choice may be offered				
	Monday, 11/9/2026	Tuesday, 11/10/2026	Wednesday, 11/11/2026	Thursday, 11/12/2026	Friday, 11/13/2026
Week II BREAKFAST	**Assorted Cereal Bowl** (No more than 6 grams of sugar) Unsweetened Applesauce Cup Choice Milk	**Mini Pancake Puffs** Banana Choice Milk	**Breaded Chicken & Waffle Sandwich** 100% 4.23 oz Fruit Juice Choice Milk	**Turkey Egg & Cheese Egg Roll** Unsweetened Applesauce Cup Choice Milk	**Mini Banana Loaf** 100% 4.23 oz Fruit Juice Choice Milk
	Chef's Choice may be offered				
	Monday, 11/16/2026	Tuesday, 11/17/2026	Wednesday, 11/18/2026	Thursday, 11/19/2026	Friday, 11/20/2026
Week III BREAKFAST	**Warm Mini Pizza Bagels** Unsweetened Applesauce Cup Choice Milk	**All Beef Country Gravy Breakfast Pizza** Banana Choice Milk	**Assorted Granola Pack w/ Yogurt Cup** 100% 4.23 oz Fruit Juice Choice Milk	**Warm Pancake Puffs** Unsweetened Applesauce Cup Choice Milk	**Assorted Cereal Bowl** (No more than 6 grams of sugar) 100% 4.23 oz Fruit Juice Choice Milk
	Chef's Choice may be offered				
	Monday, 11/23/2026	Tuesday, 11/24/2026	Wednesday, 11/25/2026	Thursday, 11/26/2026	Friday, 11/27/2026
Week IV BREAKFAST	**Chicken Sausage & Chz on Maple Pancake Sandwich** Unsweetened Applesauce Cup Choice Milk	**Assorted Cereal Bowl** (No more than 6 grams of sugar) Banana Choice Milk	**Maple Waffles** 100% 4.23 oz Fruit Juice Choice Milk	**Egg & Cheese Croissant Sandwich** Unsweetened Applesauce Cup Choice Milk	**Sliced Bagel w/ Cream Cheese** (Can be warmed for hot breakfast) 100% 4.23 oz Fruit Juice Choice Milk
	Chef's Choice may be offered				
	Monday, 11/30/2026				
Week V BREAKFAST	**Breaded Chicken on Maple Waffle Sandwich** Unsweetened Applesauce Cup Choice Milk & Second Fruit				
	Chef's Choice may be offered				

*** Three Items meet USDA requirements (One Item must be fruit).

Whole milk served to children under 2 years of age. Skim & 1% milk served to Ages 2+

This menu is pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

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Menu is subject to infrequent changes

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WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)

DECEMBER 2026

	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week V BREAKFAST		Tuesday, 12/1/2026	Wednesday, 12/2/2026	Thursday, 12/3/2026	Friday, 12/4/2026
		Mini Banana Loaf Banana Choice Milk	**French Toast Sticks w/ Syrup & Cheese Omelet** 100% 4.23 oz Fruit Juice Choice Milk	**Turkey, Egg & Cheese Burrito** Unsweetened Applesauce Cup Choice Milk	**Mini Maple Waffles** (Can be warmed for hot breakfast) 100% 4.23 oz Fruit Juice Choice Milk
		Chef's Choice may be offered			
Week VI BREAKFAST	Monday, 12/7/2026	Tuesday, 12/8/2026	Wednesday, 12/9/2026	Thursday, 12/10/2026	Friday, 12/11/2026
	Assorted Cereal Bowl Unsweetened Applesauce Cup Choice Milk	**Turkey Egg & Cheese Egg Roll** Banana Choice Milk	**Warm Pancake Puffs** 100% 4.23 oz Fruit Juice Choice Milk	**Muffin** Unsweetened Applesauce Cup Choice Milk	**Sliced Bagel w/ Cream Cheese** (Can be warmed for hot breakfast) 100% 4.23 oz Fruit Juice Choice Milk
	Chef's Choice may be offered				

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